

## APC Athlete Code of Conduct

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All National Squad Members agree to abide by the Athlete Code of Conduct set out below.

My agreement to the Code of Conduct relates to my behaviour in the sporting environment and more generally when I am representing the APC or in any way identifiable as an Australian Paralympic Team athlete.

I agree to act in a manner that will not bring myself, my sport, or the APC into disrepute. My actions will always consider the following:

### **A1.1**      **Respect for others**

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I will respect the rights, dignity and worth of every person I encounter regardless of their gender, ability, cultural background or religion. I will:

- treat people with courtesy, respect and regard for their rights and obligations
- show respect for the physical and emotional well being of others
- show respect for other peoples' possessions
- assist in providing an environment that is free from harassment. (Harassment consists of offensive, abusive, belittling or threatening behaviour directed at a person or people. It is behaviour that is unwelcome and that could reasonably be expected to upset the person or people at whom it is directed)
- assist in providing an environment that is free from discrimination. (Discrimination is the unfavourable treatment of a person or people based on prejudice, especially regarding race, religion, gender, age, or sexual preference)
- respect the laws and the customs of the places I visit as an APC representative

### **A1.2**      **Respect for myself**

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I know that respect for others starts with respect for myself. I will:

- work towards the attainment of my full potential in my sport, my studies and/or occupation
- occupy my time gainfully outside my sport
- maintain personal habits of health conducive to sporting excellence
- behave and dress in a dignified manner when representing the APC both in and out of competition

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### A1.3 Respect for the APC

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I recognise that the APC has established the National Squad so plays a significant role in supporting the elite side of my sport. I will:

- uphold the standing and reputation of the APC within Australia and overseas
- publicly acknowledge the support of the APC when it is appropriate to do so
- wear the official APC uniform designated for my sport when in competition and other official functions
- co-operate with the APC in establishing and conducting a quality sports program
- comply with the disciplinary and grievance procedures of the APC

The “APC” includes, as well as the organisation, the full-time staff and appointed or elected officials and the State Paralympic Committees and their full-time staff and appointed or elected officials.

### A1.4 Respect for the rules and traditions of my sport

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I understand that my conduct affects my performance and that of my team mates and that it may also reflect on my sport. I will:

- comply with the training requirements of my sport as laid down by the coaches and accept and respond in a positive manner to their constructive criticism
- abide by the spirit, as well as the letter, of the rules of my sport
- accept victory and defeat with dignity and grace
- neither possess nor use prohibited drugs, nor participate in any other practices prohibited by the APC

## Archery Australia

### STANDARDS OF BEHAVIOUR AND CODE OF CONDUCT

In addition to performance standards, Archery Australia wishes to apply a very strong emphasis on excellent sportsmanship, standards of respect & behaviour and general presentation. To this end, the National Squad is bound by the following Code of Conduct.

The following 'Code of Conduct' outlines the minimum expected standards of all High Performance archers. Any contravention may, on the recommendation of the Regional Coordinator, result in an archer's expulsion from the National Squad. Further, the Regional Coordinator may add their own requirements to the Code of Conduct to suit personal preferences.

Work towards the attainment of your full potential in all aspects of current activities, including your sport, studies or employment.

Maintain the highest possible standards of respect for coaches, support staff, other athletes and self.

Behave and dress in a dignified manner when representing the sport of archery, ensuring the highest possible standards of presentation and behaviour no matter your whereabouts.

Comply with the training requirements laid down by the coach and Regional Coordinator and accept and respond in a positive manner to constructive criticism.

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Disclose to the Coach or Regional Coordinator information pertaining to any issue affecting my ability to train, compete or generally adhere to these expectations.

Be on time for all training, competition, medical and other appointments and other activities as directed or ensure common courtesy is foremost and any late arrival is advised. This includes timely provision of ASDA Contact Whereabouts information to the appropriate authority.

Maintain my equipment in keeping with the expectations of an elite competitor.

Maintain electronic or physical records on all activities in a training diary as directed by the Regional Coordinator.

Neither possess nor use prohibited drugs nor participate in any other practices prohibited by the Institute.

Consider my actions and their consequences personally, on my team mates, peers and the sport of archery generally before I act.

Abide by the spirit, as well as the letter, of the rules of the sport.

Accept victory and defeat with dignity and grace.

This is by no means an exhaustive list and is, by design, broad reaching in terms of being able to assess behaviour that is contrary to the spirit of competition and the general team ethos or disruptive to morale generally.

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